

I AM CREATING THE LIFE OF MY DREAMS.

I am so excited about the direction my life is taking.
Each day, I feel closer and closer to reaching my dreams.

I look at my progress and feel a sense of excitement and anticipation. My creative powers are growing stronger every day.

Occasionally things happen that temporarily challenge my resolve, but I am able to quickly get back on track and focus on my goals. I review my goals daily and visualize myself being successful. It feels amazing to experience that kind of success.

My progress toward my goals is rapid and effortless.

I notice that as I focus on my achieving my goals, I feel happier and more content. My friends and family are also positively impacted by my focus. It is amazing how my happiness positively affects those around me.

At night, I lie in bed and give thanks for all that I have and all that I am achieving. I am very lucky to be so blessed to have so many things in my favor. I smile inwardly and sleep soundly and peacefully every night.

In the morning, I am always eager to pursue the life of my dreams with great enthusiasm. ***My friends wonder how I successfully create so many positive changes in myself and in my life.***

Today, I am taking a significant step toward creating the life of my dreams. My enthusiasm and courage build each day. I know the life of my dreams is right around the corner.

SELF-REFLECTION QUESTIONS:

1. How can I create the life of my dreams more quickly?
2. What is the greatest obstacle in my way right now?
How can I overcome it?
3. What has been my greatest recent success?